

## A MATTER OF HEALTH



## THE CHURCHES.

**First Presbyterian.**  
Rev. George L. Curtis, Pastor. Sunday services: Morning worship 10.30 Sabbath-school, 12.10. Christian Endeavor, 7.00. Evening worship, 7.45 o'clock. Prayer-meeting each Wednesday night.

**Westminster Church.**  
Rev. George A. Paul, Pastor. Divine Worship at 10.30 A. M. and 7.45 P. M. Sunday-school at 12 M. Young People's Prayer Meeting at 6.45 P. M. A cordial welcome to all.

**Park Methodist Episcopal.**  
Rev. Dr. C. S. Woodruff, pastor. Men's meeting Mizpah Brotherhood 4.45 A. M. Church Services at 10.30 A. M. and 7.30 P. M. Sunday-school at 12 M. Vesper service Epworth League meet at 8 P. M. Tuesday evening classes meet at 8 P. M. Wednesday evening, prayer service at 8 P. M. Friday afternoon at 3 o'clock Junior Epworth League.

**German Presbyterian.**  
Sunday services: Preaching by the pastor, Rev. Remi J. Buttinghausen, at 10.30 A. M. and 7.30 P. M. Sunday-school at 2.15 P. M. Prayer-meeting, Tuesday at 8 P. M. Young People's Society, Friday at 8 P. M. Young Men's Christian Association meets on Thursday evenings at 8 P. M.

**First Baptist Church.**  
Rev. Fred W. Bula, pastor. Sabbath preaching services at 10.30 A. M. and 7.30 P. M. Sunday-school at 12 M. Young Men's Prayer and Soul Winner's Circle, Sabbath at 6.45 P. M. Christian Endeavor meeting Tuesday at 8 P. M. General Prayer and Conference meeting Wednesday at 8 P. M. Junior Endeavor Friday at 3.30 P. M. Everybody welcome. All seats free.

**Unity Church, (Unitarian).**  
Rev. Leslie Willis Sprague, B. D., Minister. Church Street, Montclair, next door to the Public Library. Sunday services at 10.45. Sunday-school at 12 o'clock. The Minister will speak to-morrow morning. Topic: "The Fertile Life." All seats are free, and the public is cordially invited.

**Bloomfield Mission.**  
Glenwood Avenue, near Centre. Sunday-school at 3.30 P. M. Gospel service on Sabbath evening at 8 o'clock.

**Watsessing M. E. Church.**  
Rev. S. Trevena Jackson, Ph. D., Pastor. Devotional Meeting, 9.30 A. M.; Preaching, 10.30 A. M., subject, "Good Cheer." Sunday-school at 3.30 P. M. Epworth League, at 6.30 P. M. Preaching at 7.30 P. M., subject, "Does Death End All?"

**Church of the Sacred Heart.**  
The Rev. J. M. Madello, pastor. First Mass, 6.30 A. M. Mass and sermon, 8.30 A. M. High Mass and sermon, 10.30 A. M. Sunday-school, 3 P. M. Vesper service, 3.30 P. M.

**Christ Episcopal.**  
Corner Bloomfield and Park Avenues. The Rev. Edwin A. White, rector. SUNDAY SERVICES: Celebration of Holy Communion, 8 A. M. Morning prayer and sermon, 11 A. M. Sunday-school at 9.50 A. M. Choral Even Song at 4.30 P. M.

**East Orange Baptist Church.**  
Prospect Street. Services at 11 o'clock A. M. and 7.45 P. M. Sunday School at 2.30 P. M. Prayer-meeting at 7.45 Friday evening.

**Montgomery Chapel.**  
Wilson S. Phanner, Superintendent. Preaching every Sunday evening at 8 o'clock. Service of Song at 7.45 P. M. Sunday-school at 3 P. M. Young People's meeting at 7.15 P. M.

During the week the gymnasium and reading-room will be open for men and boys on Monday, Tuesday, Wednesday and Saturday evenings from 7.30 to 10 P. M. and on Sunday afternoon from 2.30 to 5.30 P. M.; for ladies and girls on Thursday evening from 7.30 to 10 P. M. Montgomery Chapel Cadets will drill on Friday evening.

**Ascension Chapel.—Episcopal.**  
Corner Montgomery Street and Berkeley Avenue. Rev. Edwin A. White, Minister in charge. Holy Communion 8.30 A. M. Sundays. Sunday-school at 3.00 P. M. Evening service at 7.45 o'clock.

**Stiver Lake Union Chapel.**  
Franklin street, corner Belmont avenue. Sabbath services: Sunday-school, 9 P. M. Preaching, 8 P. M. Week-day prayer meeting, Thursday evening 8 P. M. Everybody welcome.

**Glen Ridge Congregational.**  
Corner of Ridgewood Avenue and Clark Street. Rev. Elliott Wilber Brown, D.D., pastor. Sunday Services, 10.45 A. M. and 7.45 P. M. Sabbath-school at 12 o'clock. Young People's Society Christian Endeavor at 7 P. M. Wednesday evening prayer-meeting at 8 o'clock.

**St. John's Lutheran Church.**  
Corner Liberty Street and Austin Place. Rev. H. A. Steinger, pastor. Services 10.45 A. M. and 7.45 P. M. Sunday-school at 2 P. M. Ladies' Aid Society first Sabbath of every month at 3 P. M. Junior Society last Thursday of every month at 7.45 P. M.

## June Wild Flowers.

**Chapter Two.**  
A pretty pale yellow flower dotted with brownish spots, reminding us somewhat of the orchid, grows along this shady border; the flowers are borne in panicles, the leaves simple, alternate on the stem, telling us it is the Jewell weed (*Impatiens fulva*), or in the West called "kicking-colt," so named from the ripe pods scattering the seeds in all directions when anything comes in contact with them. Our garden balsam, which belong to this, the geranium family, have this same peculiarity, which shows us one of the many ways Nature sows her seeds.

Passing through the bordering shrubbery we enter the forest. The broad light of the sun is here subdued by the foliage, and we will find a different race of flowers, flowers which for countless ages have had their home in this solitude; for this section of the woods is a remnant of that vast forest which once covered all this portion of the land, and alone remains untouched by man.

The flowers we find here are those which the Indians knew and which they used for medicine, to paint their skin, and to paint their war weapons with blood-like stains; the Indian women here gathered their herbs. The trees rise majestically with massive grandeur; their thickened and moss-grown trunks of huge bulk proclaim them older than the settlement of the cities of our fathers; fierce warriors have rested in their shade, the forest animals have passed under these sheltering boughs. We admire these "oldest inhabitants," and thank the hand that spared them from the axe. And now well within the wood we will look for some of the native flowers.

Creeeping round the foot of the trees we find a plant with small round evergreen leaves; the little flowers are tinged with purple; are fragrant—it is the partridge berry (*Mitchella repens*). Bright red berries which remain until winter succeed these little flowers and provide food for the birds. Their bright red hue guides them to their food, thus showing us why so many berries are brightly colored, as it enables birds to readily distinguish them from the surrounding twigs. We learn then that the birds also sow seeds.

Another low plant with evergreen root leaves we notice next, the Pyrola, called by some the wintergreen, though belonging to the same family. The pretty nodding flowers are borne on a small stem rising from the ground, a true wood flower. The beautiful azalea, "rivaling the rose" in its beauty and fragrance, attracts our eye. Growing to the dignity of a small tree in some localities and closely resembling the Pungster flower or purple azalea which flowers in May before the leaves appear.

The wood lily (*Lilium Philadelphicum*), or wild orange lily, another very attractive flower, is easily recognized, with its one to three open bell-shaped reddish orange flowers spotted inside with purple, the leaves whirled in circles round the stems. Looking through the woods they can be seen in all directions, tall and straight.

Coming to a slow stream which winds through the forest we eagerly search the banks for flowers and are well repaid. Among them we find the Cardinal flower (*Lobelia Cardinalis*), one of the lobellias, of which there are many varieties, the largest being the great lobelia with light blue flowers common in low grounds. Speaking of the cardinal flower, good old Dr. Holmes said: "The cardinal and its blood red spots, its double in the stream, As if some wounded eagle's breast, Show throbbing o'er the plain, Had left its airy path impaled In drops of scarlet rain."

The corolla of the lobelia is split on the upper side and is two lipped; the lower lip of the flower spreads and is three cleft. Should we follow this stream down to its outlet in the lake we would find there in bloom the white lily (*Nymphaea odorata*) the broad leaves and beautiful flowers floating on the surface, the roots far down in the mud. The flowers open very early in the morning and have a delightful fragrance.

We notice a few flowers of the Solomon's seal, another of the lily family, the white umbels of the shrub, and pause to admire a giant tulip tree (*Liriodendron Tulipifera*) in flower. This is perhaps the noblest tree in our Northern woods; it grows at times to the height of one hundred and fifty feet, and has a majestic sweep of branches, its peculiar leaf appearing as if abruptly cut off at the apex, distinguishes it from all the trees in the forest. The large flowers bear a resemblance to the tulip, which no doubt has given the name to the tree.

The setting sun warns us that the time for the homeward journey is at hand, and coming to the cross-road we start for home. We carry back with us many bright bouquets to give to those who cannot gather them for themselves, or of the great pleasures to the lover of flowers.

The common wayside flowers take on a new beauty in our home; ox-eye daisies, purple cone flowers and grasses give a grace to the room, which the loveliness of the cultivated flowers do not possess.

It will repay those who have a garden to carry home with them from their excursions some of the choicest plants, and watch them as they develop in their new home, since they will supply the student with specimens for study, should he be unable to collect them at a future time. For many of them can be transplanted to the flower garden, where they will thrive well, provided proper care be taken to plant them in places suited to their wants; those that love the deep shade and moist earth should have leaf mould from the woods, and all their former surroundings imitated as closely as possible. The hardier tribe will do well with the garden flowers.

Wild flowers when brought to the garden grow larger and stronger than in their former home, and bloom longer, they not having to strive so fiercely to maintain their position. For it is ever a struggle in the woods where countless roots contend for every inch of soil. The (*Cypripedium* and *Orchis Spectabilis*), if given a favorable location, thrive very well; they must have plenty of moisture and perfect drainage.

The violets grow vigorously and soon accustom themselves to nearly any position.

The Virgin's Bower, wild clematis, a pretty vine growing along the borders of woods, and especially interesting on account of its peculiar feathery seeds, will do well along a trellis. The Trilliums, early spring flowers, are readily cultivated; the butterfly weed, purple cone flower, the asters and goldenrods, all are good. One of the asters, the (*Paraculatus*), has been known to reach in cultivation the height of eight feet, with handsome clumps of flowers.

Many others that please the student's eye will bear transplanting; all may not survive, and experience will soon best teach him those which suit him best.

In the study of wild flowers the student will find his interest increase as he learns more and more of their structure and habits of growth, and with the aid of books in connection with his trips will become well acquainted with our native flora. GATTONSIDE.

## Library Reception.

On Thursday, May 25, an afternoon tea and evening reception was held at the Watsessing Free Library. The ladies of the Auxiliary Committee had decorated the room with flowers and given them a most cheerful and attractive effect.

Miss Askew, library organizer for the New Jersey Library Commission, was present in the afternoon, and gave an interesting account of the objects, aims and work of the Library Commission, whose purpose is to assist the free libraries and advise them as to best methods of carrying on their work.

In the evening the Rev. Mr. Jackson, pastor of the Watsessing Methodist Episcopal Church, delivered an address on books and literature. Mr. Jackson spoke with thorough knowledge and experience of his subject, being a lover and collector of books, and the owner of an exceptionally fine library.

Mr. Jackson's address was followed by a recitation, "The Creed of the Bible," by Mrs. James H. Vreeland.

Refreshments were served by the ladies of the Auxiliary Committee, and the guests of the afternoon and evening gave evidence of their appreciation of the entertainment and interest in the work by a substantial silver offering, which was received at the door and will be applied to the support of the library.

## Missionary Festival.

The annual missionary festival of the German Presbyterian churches of Essex and Passaic counties was held on the premises of the German Theological Seminary Tuesday afternoon. New York and Brooklyn churches were also represented at the festival, which was attended by several hundred persons. Flags and Japanese lanterns formed the decorations. The Christian Endeavor meeting was led by the Rev. Herman O. Grubert of Orange. After a luncheon had been served addresses were made by the Rev. Dr. Arnold W. Flamer of the seminary, the Rev. Dr. Charles S. Woodruff of the Park M. E. Church, the Rev. Paul Schwartz of Manhattan, and the Rev. Henry B. Hoopes of Newark.

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